

우리나라 신대체 요법의 현황 - 인산 민병석 교수 기념 말기 신부전 환자 등록사업 2008 -대한신장학회 등록위원회*

Current Renal Replacement Therapy in Korea

-Insan Memorial Dialysis Registry 2008-

ESRD Registry Committee, Korean Society of Nephrology*

=Abstracts=

Registry committee of Korean Society of Nephrology has collected data about dialysis in Korea through online registry program in KSN internet web site. The status of renal replacement therapy in Korea at the end of 2008 was as follows:

- 1) The total number of patients with renal replacement therapy (RRT) was 51,989 (hemodialysis : HD 33,427, peritoneal dialysis : PD 7,840, functioning kidney transplant :KT 10,722). Prevalence of RRT was 1,031.6 patients per million population (pmp). The proportion of RRT was HD 64.3%, PD 15.1%, and renal transplant 20.6%.
- 2) New RRT patients in 2008 were 9,179 (HD 6,415, PD 1,619, KT 1,145). Incidence rate was 182.1 pmp in 2008.
- 3) The most common primary cause of end stage renal diseases was diabetic nephropathy (41.9%), hypertensive nephrosclerosis (18.7%) and chronic glomerulonephritis (12.1%), in order.
- 4) The number of RRT centers was 562 and total number of HD machines was 12,748. Dialysis patients' individual data were collected from 64.2% of overall RRT centers.
- 5) Mean age of HD patient was 57.2 years old, of PD was 54.8 years old. Proportion of patients on HD more than 5 years' maintenance was 43%.
- 6) Mean BMI (body mass index; Kg/m²) of HD patients was 21.7Kg/m² and BMI of PD patients was 23.0Kg/m². Mean blood pressure was 102.5mmHg in HD and 100.4mmHg in PD patients. Pulse pressure was 62.8mmHg in HD and 53.6mmHg in PD patients.
- 7) Mean hemoglobin of HD patient was 10.29g/dL (hematocrit 31.2%), PD was 9.89g/dL (29.5%).
- 8) Mean urea reduction ratio was 67.2% in male HD patients and 73.5% in female HD patients. Mean Kt/V was 1.368 in male patient, 1.644 in female patients.
- 9) The common co-morbid disease of HD patients was hypertension (38.8%), coronary artery disease (8.2%), congestive heart failure (4.0%), and those of PD patients were also hypertension (54.4%), coronary artery disease (7.3%), congestive heart failure (5.2%).
- 10) Overall patient survival of male dialysis patient in 5 years was 64.2%, female patients was 66.3%. HD patient's 5 year survival was 66.2% and PD was 49.2%. Diabetic dialysis patient's 5 year survival was 54.9%.
- 11) Common causes of death were unknown cause or not uremia associated cardiac arrest (14.4%), cerebro-vascular accident (12.2%), uremia associated cardiac arrest (11.0%), myocardial infarction (9.7%), and sepsis (9.0%) in 2008.
- 12) The number of kidney transplantation was 1145 (cadaver donor 481) in 2008.

Key words: renal replacement therapy, hemodialysis, peritoneal dialysis, kidney transplantation, prevalence, incidence, survival, dialysis adequacy

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Part 1. Prevalence & Incidence of ESRD (2)

OREAN ESRD REGISTRY	HD		PD		Transp	olant	Total		
1986	670	(16.3)	287	(7.0)	221	(5.4)	1,173	(28.7)	
1988	1,516	(36.2)	375	(8.9)	428	(10.2)	2,319	(55.3)	
1990	2,418	(57.1)	530	(12.5)	624	(14.7)	3,572	(84.3)	
1992	3,083	(70.8)	705	(16.2)	765	(17.6)	4,553	(104.6)	
1994	2,999	(66.0)	907	(19.9)	685	(15.1)	4,591	(101.1)	
1996	3,670	(79.0)	1,388	(29.9)	919	(19.8)	5,977	(128.7)	
1998	2,463	(52.2)	753	(15.9)	994	(21.1)	4,210	(89.3)	
2000	2,736	(57.0)	1,021	(21.3)	683	(14.2)	4,440	(92.5)	
2001	3,373	(69.9)	1,279	(26.5)	848	(17.6)	5,500	(113.9	
2002	3,878	(79.9)	1,666	(34.3)	739	(15.2)	6,283	(129.5	
2003	4,769	(97.7)	1,866	(38.2)	806	(16.5)	7,441	(152.4	
2004	5,279	(107.6)	2,246	(45.8)	853	(17.4)	8,378	(170.8	
2005	5,400	(109.6)	2,381	(48.3)	762	(15.5)	8,543	(173.4	
2006	5,694	(114.7)	2,568	(51.7)	935	(18.8)	9,197	(185.3	
2007	6,193	(123.8)	2,062	(41.2)	928	(18.5)	9,183	(183.5	
2008	6.415	(127.3)	1.619	(32.1)	1,145	(22.7)	9,179	(182.1	



(): number of patients per million population (2008 overall Korean population : 50,394,374)

Table 1-3. Causes of end stage renal disease in new patients.										
		Percent (%)								
REGISTRY Causes	1992	1994	1996	1998	2000	2002	2004	2006	2007	2008*
Chronic Glomerulonephritis	25.3	25.5	21.6	17.9	14.0	13.9	12.5	13.0	11.6	12.1
Not Histologically confirmed	19.7	20.4	16.7	13.6	10.6	10.0	8.6	9.0	8.3	8.2
Histologically confirmed	5.6	5.0	4.9	4.3	3.4	3.9	3.9	3.9	3.3	3.8
Diabetic nephropathy	19.5	26.1	30.8	38.9	40.7	40.7	43.4	42.3	44.9	41.9
Hypertensive nephrosclerosis	15.4	20.8	18.3	17.8	16.6	16.0	16.2	16.9	17.2	18.7
Cystic kidney disease	2.1	2.2	1.8	1.7	2.2	1.6	1.4	1.7	1.7	1.7
Renal tuberculosis	1.1	1.5	1.2	0.5	0.4	0.5	0.3	0.3	0.3	0.2
Pyelo/interstitial nephritis	1.3	1.1	0.7	1.0	0.8	0.6	0.6	0.6	0.5	0.5
Drugs or nephrotoxic agents	1.3	0.1	0.6	0.3	0.3	0.4	0.2	0.3	0.2	0.3
Lupus nephritis	0.8	0.7	1.0	0.5	0.9	0.8	0.6	0.6	0.6	0.6
Gouty nephropathy	0.7	0.7	0.6	0.5	0.7	0.4	0.5	0.3	0.3	0.3
Hereditary nephropathy	0.3	0.7	0.4	0.2	0.1	0.2	0.3	0.3	0.2	0.3
Kidney tumor	0.1	0.1	0.2	0.2	0.2	0.3	0.3	0.2	0.1	0.2
Other	4.1	2.7	2.8	3.9	3.0	5.6	5.9	6.0	5.1	5.8
Uncertain	28.6	17.8	15.9	16.6	20.2	19.0	17.8	17.5	17.2	17.6

* n = 8,619



Fig.1-4. Three major causes of end stage renal disease patients who were initiated renal replacement therapy in each year. (DM: diabetic nephropathy, CGN: chronic glomerulonephritis, HTN: hypertensive nephrosclerosis). Note increase of DM and decrease of CGN.



Part 3. Regional Distribution of Patients & Facilities

Table 3-1. Administrative regional distribution of dialysis patients and machines (at the end of 2008).

KOREAN ESRD REGISTRY	HD pts	PD pts	Total Dialysis pts	Dialysis pts./ Million pop.	Dialysis Centers	HD machines	HD pts./HD machine
서울 Seoul	8,084	2,667	10,751	1,028	126	3,019	2.7
부산 Busan	2,663	994	3,657	1,017	37	955	2.8
대구 Daegu	1,846	848	2,694	1,072	29	626	2.9
인천 Incheon	1,537	378	1,915	699	20	529	2.9
광주 G wangju	1,248	223	1,471	1,025	28	591	2.1
대전 Daejeon	1,041	263	1,304	872	20	493	2.1
울산 Ulsan	568	77	645	572	12	251	2.3
경기 Gyeonggi	6,632	1,246	7,878	682	111	2,678	2.5
강원 Gangwon	1,115	332	1,447	951	21	421	2.6
충북 Chungbuk	1,170	96	1,266	821	22	431	2.7
충남 Chungnam	1,253	71	1,324	645	23	424	3.0
전북 Jeonbuk	1,371	130	1,501	801	16	397	3.5
전남 Jeonnam	1,034	90	1,124	580	24	471	2.2
경 북 Gyeongbuk	1,413	115	1,528	564	28	500	2.8
경남 Gyeongnam	1,928	252	2,180	665	37	784	2.5
제주 Jeju	524	58	582	1,029	8	178	2.9
Total	33,427	7,840	41,267	819	562	12,748	2.6

Table 3-2. Distribution of dialysis patients and machines according to life zone.

KOREAN ESRD REGISTRY	Population (%)	HD patients	PD patients	Total Dialysis patients	Dialysis pts /Million pop.	Dialysis centers	Dialysis machine	HD pts / HD machine	
수도권 (Capital area)	24,746,342	16,253	4,291	20,544	830	257	6,226	2.6	
(Seoul, Incheon, Gyeonggi)	49.1%	48.6%	54.7%	49.8%	544 .8% 394 4% 765 4% 765 781 9% 704	45.7%	48.8%		
충청권 (Chungchung)	5,091,029	3,464	430	3,894	3,894 765 9.4% 4,096 781	65	1,348	2.6	
(Daejeon, Chungnam, Chungbuk)	10.1%	10.4%	5.5%	9.4%		11.6%	10.6%		
호남권 (Honam)	5,247,836	3,653	443	4,096	0.4% ,096 781 0.9%	68	1,459	2.5	
(Gwangju, Jeonnam, Jeonbuk)	10.4%	10.9%	5.7%	9.9%		12.1%	11.4%		
영남권 (Youngnam)	13,222,180	8,418	2,286	10,704	810	143	3,116	2.7	
(Busan, Daegu, Gyeongnam, Gyeongbuk, Ulsan)	26.2%	25.2%	29.2%	25.9%		25.4%	24.4%		
강원권	1,521,467	1,115	332	1,447	051	21	421	26	
(Gangwon)	3.0%	3.3%	4.2%	3.5%	931	3.7%	3.3%	2.0	
Total	50,394,374	33,427	7,840	41,267	819	562	12,748	2.6	



* 제주 표시 제외. Data of Jeju-do is not shown.

Fig. 3-1. Distribution of dialysis patients and machines according to life zone.

Part 4. Dialysis Patients Demographics (1)

Table 4-1. Percent of dialysis centers contributing individual patient data.

KOREAN ESRD REGISTRY	Dialysis centers	Internet Input	Paper data	Total contributed center	Contributing rate (%)
서울 Seoul	126	65	21	86	68.3
부산 Busan	37	18	7	25	67.6
대구 Daegu	29	15	4	19	65.5
인천 Incheon	20	9	1	10	50.0
광주 Gwangju	28	11	7	18	64.3
대전 Daejeon	20	7	2	9	45.0
울산 Ulsan	12	5	2	7	58.3
경기 Gyeonggi	111	51	19	70	63.1
강원 Gangwon	21	9	3	12	57.1
충북 Chungbuk	22	10	5	15	68.2
충남 Chungnam	23	10	3	13	56.5
전북 Jeonbuk	16	10	2	12	75.0
전남 Jeonnam	24	10	3	13	54.2
경북 Gyeongbuk	28	16	4	20	71.4
경남 Gyeongnam	37	20	6	26	70.3
제주 Jeju	8	6	0	6	75.0
Total	562	272	89	361	64.2



60%

40%

80%

100%

20%

0%

Fig. 4-1. Individual patients data contributing rate of dialysis centers according to hospital classification.





Part 4. Dialysis Patients Demographics (3) – Dialysis Duration





Part 5. Dialysis Therapy (1) – Anemia & Erythropoietin



Part 5. Dialysis Therapy (2) – HD Frequency & Dialyzer



Fig.5-5. Currently using hemodialysis membranes, reuse of dialysis membrane and hemodiafiltration performing center percent.



1.361

1.081

0.93

2007

1.368

1.055

0.917

2008

1.4

1.2 1.25

1 1.046

0.8 C

0.896

1.322

1.082

0.928

2004

1.292

1.074

0.927

2003

1.274

1.069

0.915

2002

1.34

1.076

0.927

2005

1.348

1.081

0.925

2006

Fig.5-9. Annual changes of dialysis adequacy parameters of hemodialysis patients.



Fig. 5-10. Percent distribution of peritoneal dialysis type and doses per day.

Part 6. Co-morbidity of Dialysis Patients

Table 6-1. Co-morbidity of dialysis patients in 2008*.

Diseases	HD Patients (%)	PD Patients (%)
Cardiac	16.1	15.4
Coronary Artery Disease	8.2	7.3
Congestive Heart Failure	4.0	5.2
EGISTRY Pericardial Effusion	0.4	1.2
Arrythmia	3.6	1.7
Vascular	45 1	57.8
Cerebrovascular accident	4.3	2.3
Hypertension	38.8	54.4
Other vascular disease	2.0	1.2
Infection	58	12.2
Pneumonia	1.5	1.2
Tuberculosis	0.8	0.9
Peritonitis	0.7	8.1
Herpes zoster	0.5	0.0
Other Infection	2.4	2.0
Liver disease	73	52
Hepatitis B	4.0	3.5
Hepatitis C	2.7	0.6
Congestive Liver	0.0	0.6
Hemochromatosis	0.1	0.0
Other liver diseases	0.5	0.6
Gastrointestinal	9.5	3.8
Gastric Ulcer	2.4	0.3
Duodenal Ulcer	0.5	0.6
Other Gastrointestinal Diseases	6.7	2.9
Miscellaneous	16.2	5.5
Malnutrition (Alb<2.5g/dl)	0.9	0.6
Malignancy	1.7	0.0
Hypertensive Retinopathy	2.1	4.1
Uremic Dermatitis	3.2	0.3
Uremic Neuritis	4.6	0.3
Uremic Dementia	1.0	0.3
Uremic Ascites / Pleural Effusion	1.0	0.0
Osteodystrophy	1.6	0.0

Part 7. Causes of Death in Dialysis Patients

Table 7-1. Causes of death (%) in dialysis patients, 1994-2008.										
KOREAN ESRD Causes	1994-1996	1998	2001	2002	2003	2004	2005	2006	2007	2008
Cardiac	27.4	33.3	26.9	27.9	31.7	35.5	30.7	33.7	31.7	35.1
Myocardial infarction	6.4	6.6	7.7	5.5	7.4	8.3	8.0	9.1	7.5	9.7
Cardiac arrest, uremia associated	13.7	17.5	11.2	10.6	11.7	13.6	10.4	11.1	10.8	11.0
Cardiac arrest, other cause	7.2	8.1	8.1	11.8	12.5	13.6	12.4	13.5	13.3	14.4
Vascular	17.2	18.5	22.7	15.7	19.5	17.5	17.0	16.5	17.8	16.0
Cerebrovascular accident	14.3	16.6	15.1	11.6	14.5	12.8	12.3	11.5	13.0	12.2
Pulmonary embolus	0.2	0.1	0.5	0.4	0.1	0.2	0.6	0.7	0.5	0.1
Gastrointestinal hemorrhage	1.7	2.1	2.7	1.9	3.2	2.0	1.7	1.8	2.7	1.9
Gastrointestinal embolism	0.1	0.0	0.1	0.1	0.0	0.4	0.5	0.5	0.1	0.1
Other vascular disease	0.9	0.9	4.3	1.7	1.6	2.1	1.9	2.0	1.6	1.7
Infection	13.5	18.1	17.8	21.6	20.5	19.5	20.1	18.8	20.2	19.5
Pulmonary infection	2.5	3.4	4.5	4.9	3.6	3.7	4.5	4.2	4.4	4.4
Septicemia	6.6	10.8	6.9	9.2	9.7	9.4	9.6	8.9	11.7	9.0
Tuberculosis	0.3	0.8	0.8	0.5	0.2	0.1	0.3	0.1	0.2	0.1
Peritonitis	2.1	2.5	1.1	2.5	2.0	1.5	1.4	1.1	1.1	2.0
Other Infection	2.0	1.8	4.5	4.5	4.9	4.8	4.3	4.5	2.9	4.0
Liver disease	3.4	3.4	2.6	2.8	2.8	2.9	2.7	2.6	2.2	1.9
Liver failure due to hepatitis B	1.8	2.3	1.6	1.2	1.8	2.1	1.5	1.4	1.3	1.0
Liver failure due to other cause	1.6	1.3	1.0	1.6	1.0	0.9	1.2	1.1	0.8	0.8
Social	6.2	4.2	6.3	4.7	4.4	3.6	5.4	4.2	3.3	3.3
Patient refused further treatment	2.9	1.8	2.1	1.8	1.0	1.1	1.1	0.6	1.1	0.6
Suicide	2.5	0.9	3.3	1.9	2.3	2.0	3.3	3.0	1.5	1.6
Therapy ceased for other reason	0.8	1.9	0.9	1.0	1.0	0.5	1.0	0.6	0.7	1.0
Miscellaneous	32.0	19.7	23.7	27.4	21.3	21.0	24.0	24.2	24.8	24.3
Cachexia	2.9	3.3	8.1	6.8	6.6	6.1	4.0	3.9	4.4	3.8
Malignant disease	2.1	4.1	4.4	4.8	3.5	3.6	6.4	5.4	5.7	4.6
Accident	1.2	1.0	0.9	0.5	1.1	0.9	1.4	1.6	1.2	1.0
Uncertain	25.8	12.5	10.3	15.3	10.1	10.3	12.3	13.2	13.4	14.9

Number of patients :1994-1996=981, 1998=911, 2001=761, 2002=1,256, 2003=894, 2004=1,162, 2005=1,256, 2006=1,248, 2007=1,531, 2008=1,563.

Cardia Cardia	ac 🛛 🗖 Vascular	Infection	Liver dis	Social	■Misc.	
2001	23	17	25 7	29		
2002	27	13	29 2	5 25		
2003	29	10	28 3	4 25	KOREAN ESRD	
2004	29	18	25	2 24	4 REGISTRY	
2005	33	14	22	4 25	5	
2006	36	10	22 22	29		
2007	33	15	26	2 2:	2	
PD 2008	39	12	26	2 2	n = 366	
HD 2008	34	17	18 2	4 26	n = 1.197	
2007	31	18	19 2	4 25		
2006	33	19	18 3	5 23	3	
2005	30	18	19 3	6 24	Eig 7.1 Comparison of	
2004	37	17	18	3 4 2	20 Fig. 7-1. Comparison of death causes, hemodialys	is
2003	32	22	18	3 🥖 2	20 versus peritoneal dialysis	1
2002	28	18	18 35	29	patients in 2001-2008.	
2001	28	24	17	6 23	3	
0%	20%	40%	60%	80%	100%	

Part 8. Survival of Dialysis Patients (1)- Overall



Fig.8-1. Overall registered dialysis patient survival since 2001. (male : n=17,001, female : n=12,743).



Fig.8-2. HD & PD dialysis patient survival since 2001 (HD : n=23,330, PD : n=6,462). Probably significant portion of hemodialysis patients' death report was not submitted during patient transfer to another hospital (censored data) which could result hemodialysis patient survival is much higher than peritoneal dialysis patient survival.



Fig. 8-4 . Diabetic & non diabetic hemodialysis patient survival since 2001 (Non DM : n=11,898, DM : n=11,401).

Fig. 8-5. Diabetic & non diabetic peritoneal dialysis patient survival since 2001 (Non DM : n=3,703, DM : n=2,742).





Fig.10-1. Annual number of chronic kidney disease patient (International disease code :N18) and medical cost. Data from National health insurance

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