

How to Salvage Immature Fistula

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Immature Fistula

- Created successfully but never develops adequately to support dialysis treatment or fails within three months of its use
- Vein size of < 6 mm diameter 8 weeks after formation

Immature Fistula

- **Primary early failure**
: **20-60%**
Kidney Int 62 (2002): 1109-1124
Seminars in Dialysis 24(1)(2011): 107-114
- **Primary early failure of grafts**
: **15-23%**
Seminars in Dialysis 24(1)(2011): 107-114

Immature Fistula

- **Pre-existing conditions**
 - Arterial problems (small, atherosclerotic lesions)
 - Accessory veins
- **Acquired**
 - **Stenosis**

Most common etiology of early failure

 - Juxta-anastomotic Stenosis
 - Presence of Accessory Veins

Factors associated with fistula failure to mature in patients with preoperative vascular mapping

Clinical Factor	Hazard Ratio	95% CI
Age (≥ 65 versus < 65 yr)	1.98	1.03 to 3.80
Gender (female versus male)	2.42	1.32 to 4.45
Fistula location (forearm versus upper arm)	2.25	1.22 to 4.17

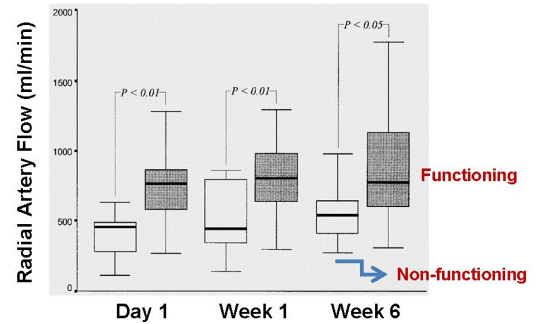
Clin J Am Soc Nephrol 3: 437-441, 2008

Study of Size and Flow

- If fistula diameter was **0.4 cm or greater**, the chance that it would be adequate for dialysis was **89% versus 44%** if it was less.
- If fistula blood flow was **500 ml/min or greater**, the chance that it would be adequate was **84% versus 43%** if it was less.
- **Combining the two variables**, the chance that it would be adequate was **95% versus 33%** if neither of the criteria were met.

Robbin. Radiology 225:59-64, 2002

Postop. Radial Artery Blood Flow



Tordoir et al. Nephrol Dial Transplant 18:378-83, 2003

When To Evaluate

- All newly created fistulas should be evaluated at **4 to 6 weeks** to determine their apparent adequacy.

Why should we evaluate early?

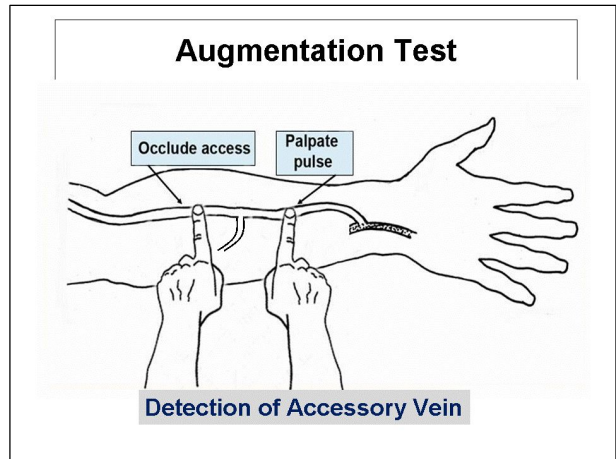
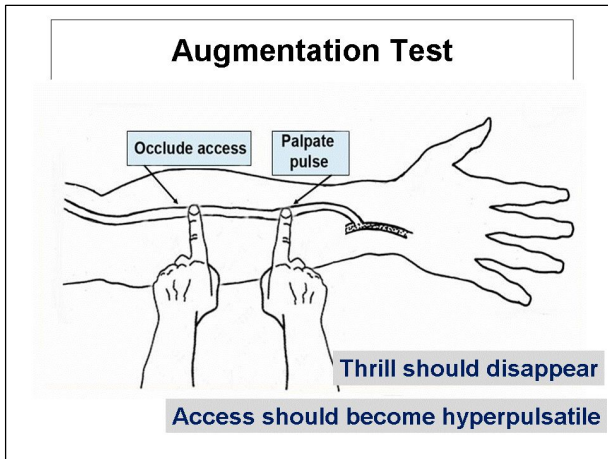
- If the patient has already begun dialysis – they are using a tunneled catheter.
- Vascular stenosis is a progressive process.

Requirement for Fistula Adequacy

- **Cannulation**
- **Blood flow**

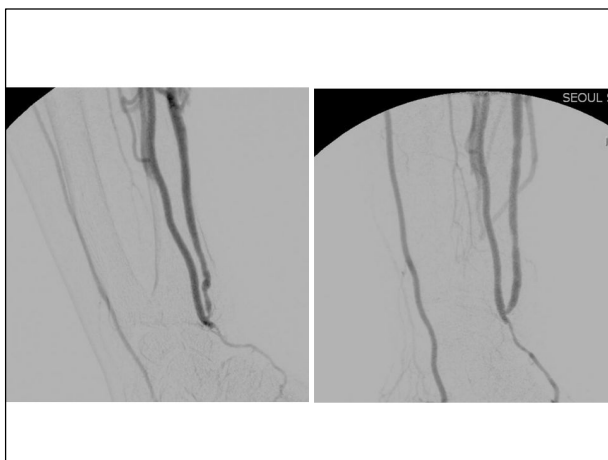
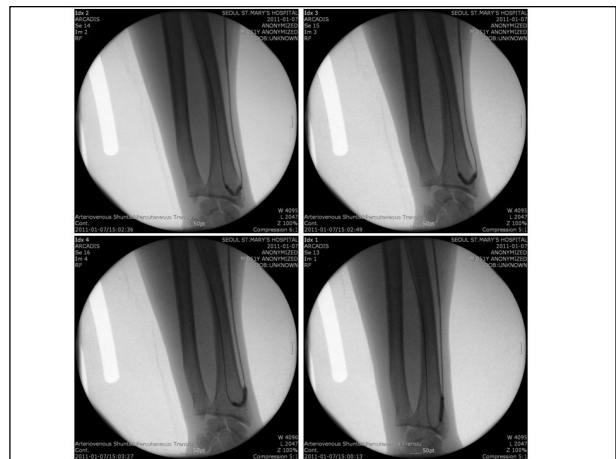
Fistula Evaluation

- Physical examination is probably adequate. Question - Can it be cannulated? (Dialysis nurse)
- Augmentation Test must be done by someone that is capable. (Nephrologist must take the lead.)



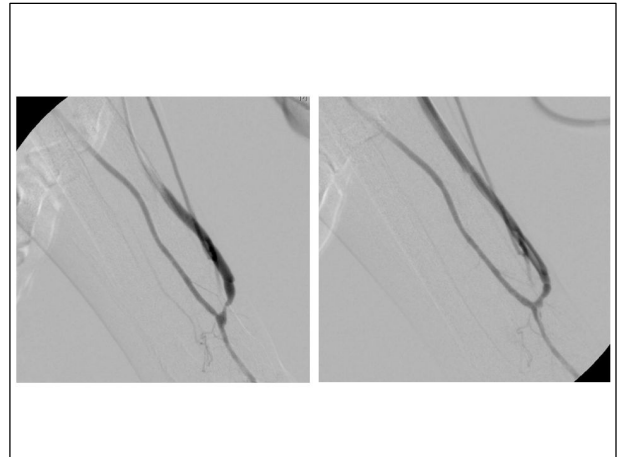
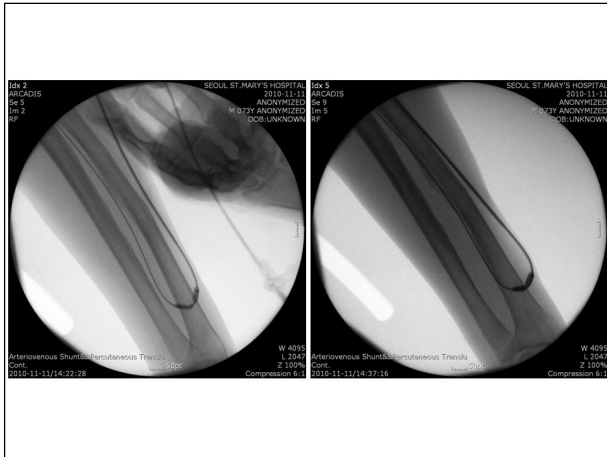
Case 1

- M/51
- Access: Lt. Radio-cephalic fistula
- Interval from access creation : 3 months 4 days
- Problem : Cannulation difficulty
: Low blood flow



Case 2

- M/74
- Access: Lt. Radio-cephalic fistula
- Interval from access creation : 2 months 16 days
- Problem: Low blood flow



Accessory Veins

- Easily diagnosed by physical exam
- Often are not a problem
- Can cause development failure
 - Retarded maturation
 - Diversion of flow
 - Difficult cannulation

Determining Significance

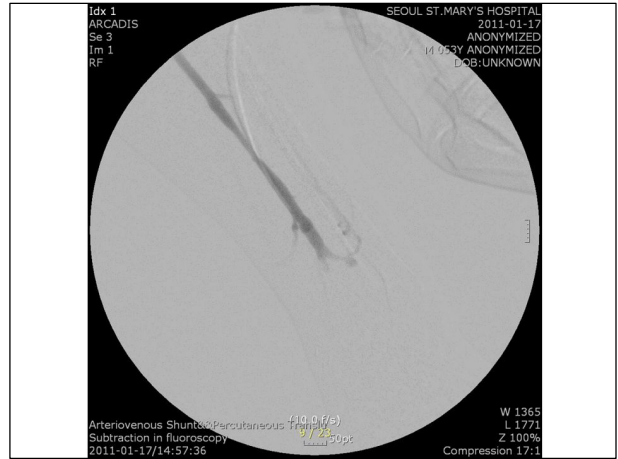
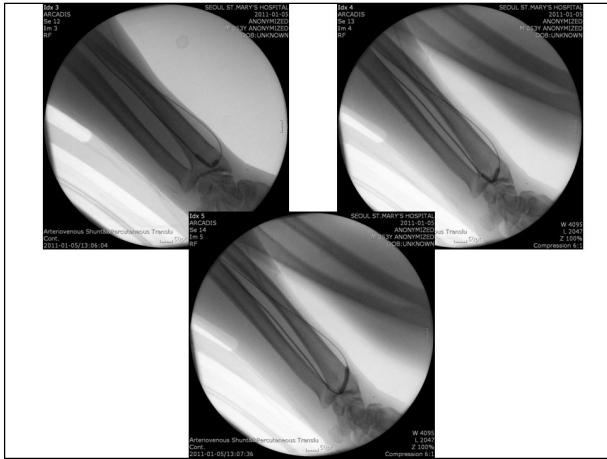
- Size
 - 25% of size of fistula or more
- Flow
 - Assess with a puff of radiocontrast
- Changes with manual occlusion
 - Augmentation Test
- If significant - treat

Techniques for Vein Obliteration

- Percutaneous ligation
- Surgical ligation (cut-down ligation)
- Embolization coil

Case 3

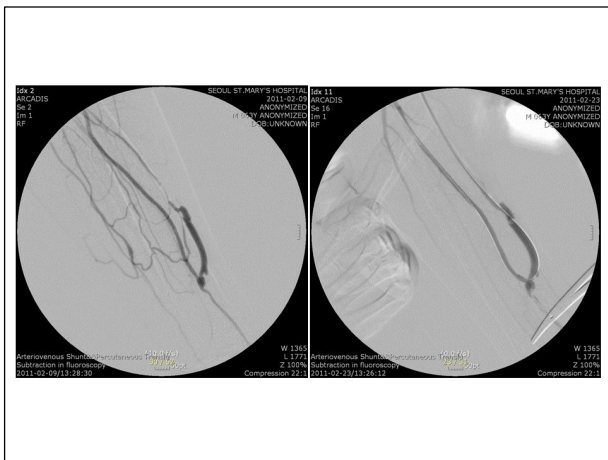
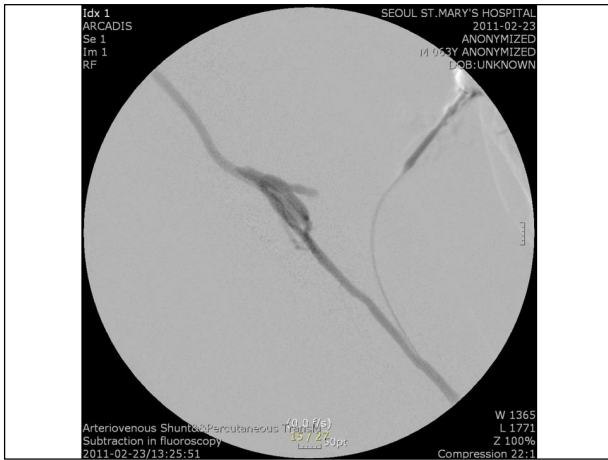
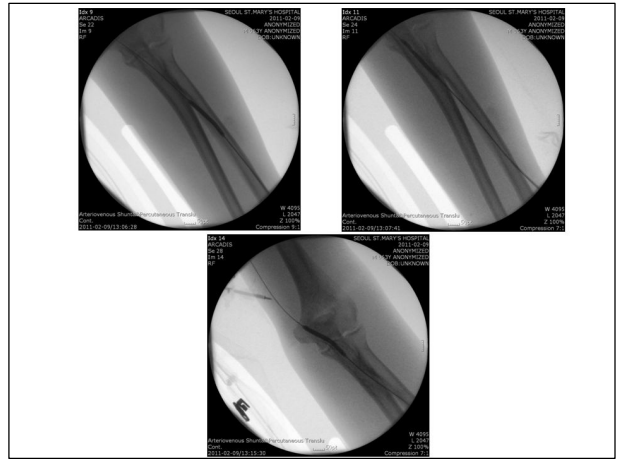
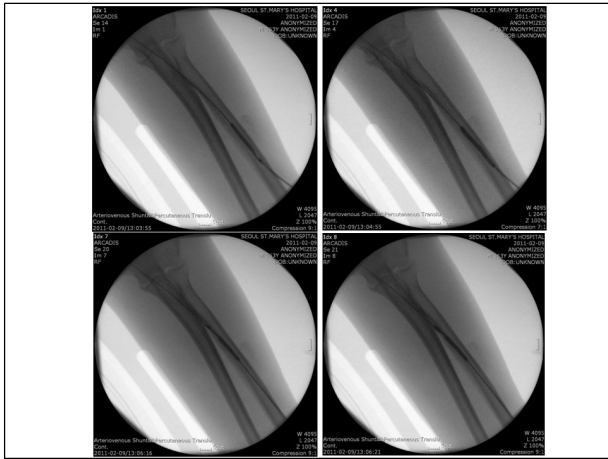
- M/53
- Access: Lt. Radio-cephalic fistula
- Interval from access creation
 - : 4 months
- Problem
 - : Cannulation difficulty
 - : Low blood flow



Case 4

- M/63
- Access: Lt. Radio-cephalic fistula
- Interval from access creation : 6 weeks 2 days
- Accessory vein ligation at 7th day
- Problem : Cannulation difficulty





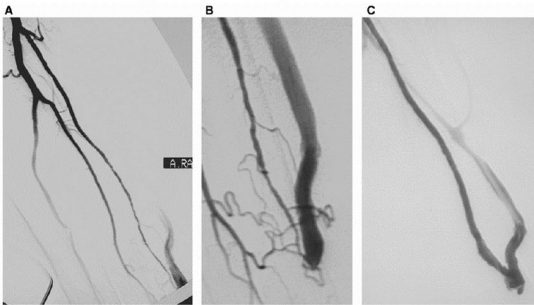
Percutaneous Salvage of Thrombosed Immature AVF

	Time (mon)	All AVFs (n=108)	BBF (n=24)	BCF (n=29)	FF (n=55)
Primary access patency	3	54%	50%	40%	63%
	6	29%	13%	22%	41%
Primary assisted patency	6	78%	73%	77%	80%
	12	59%	49%	52%	66%
Secondary access patency	12	90%	95%	84%	92%
	24	80%	95%	74%	79%
Postmaturation interventions per access-year		2.78	3.56	3.46	2.03

AVF, arteriovenous fistula; BBF, brachiobasilic fistula; BCF, brachiocephalic fistula; FF, forearm fistula.

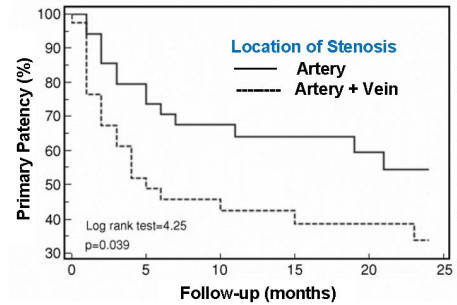
Miller et al. Seminars in Dialysis 24(1): 107-114, 2011

Percutaneous Dilation of the Radial Artery in Nonmaturing Radial-Cephalic Fistulas for HD



Nephrol Dial Transplant (2009) 24: 3782–3788

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Summary

- Preoperative **vascular mapping** should be done to assist the surgeons in optimizing fistula success.
- Most common etiologies of early failure are **Juxta-anastomotic stenosis** and presence of **accessory veins**.
- All newly created fistulas should be evaluated at **4 to 6 weeks**.
- **Interventional approach** is the most valuable method to salvage the immature fistula.