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Current status of nutritional management of chronic kidney disease in Korea.

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Chronic kidney disease (CKD) is a condition in which the kidneys lose some of their ability to remove waste products and excess fluid from the bloodstream, and the most common causes of CKD are diabetes and high blood pressure. These are greatly influenced by patient education. Accordingly, the goal of patient education is to prevent or control some of the complications of CKD. In Korea, the education and counseling benefits for patients with CKD are implemented from February 1, 2017. However, the education is not being implemented for various reasons in all hospitals. At the Korea Dietetic Association and the Korean Society of Clinical Nutrition, through a survey on the status of nutritional education and counseling for CKD in Korean hospitals, we implemented this survey to develop a nutrition education and counseling tool that is standardized and utilized as basic data for improving the system in the future.