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**Tswana traditional health practitioners perspectives on the management of diabetes and hypertension: a qualitative study using focus group discussions.**

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**Objectives:** The literature suggests the involvement of Traditional Health Practitioners (THPs) perspectives in treating diabetes and hypertension in Africa. This study sought the perspectives of Tswana THPs in managing diabetes and hypertension.

**Methods:** Using a semi-structured interview guide, four Focus Group Discussions (FGDs) sessions were held with 40 THPs ;FGD1(12) FGD2(6);FGD3(13) and FGD4(9) who were purposely selected from Bojanala and Dr Ruth sekgopomati Districts in the North-West Province of South Africa.

**Results:** Most THPs argued that both diabetes and hypertension were curable using the following plants: *Borago officinalis*, *Ziziphus mucronata*, *hypoxis hemerocallidea*, *sutherlandia frutescens*, *Senna italica*, *Urginea sanguinea* and *Eucalyptus globulus*.

**Conclusions:** Tswana THPs expressed their willingness to co-operate with biomedical health professionals (BHPs) to combat the spread of these health conditions.